

The Positive Side of Life, Is It Real?

By
Lola Young

Dear Subscribers:

I was thinking this morning about my subscribers and realized that some of you know me personally, but the majority of subscribers only know me as the lady from Texas who decided to build condos in some place called Cotacachi Ecuador.

So in this news letter I am going to talk about how I think and believe and why I chose to build condos in Ecuador. I started going to Ecuador several years ago and fell in love with it there. I found the locals to be a friendly, kind, sweet, people. Also a big plus for me was that in most of the rural areas the fruits and vegetables are grown organically. I am very health conscious. I exercise, eat healthy, and try very hard to keep a positive attitude.

My belief, my wish, is to be around positive like minded people as much as possible. I believe in prayer, meditation, and the power of positive thinking. All of these have served me well in the past. I have often been asked “when people are always negative and see the dark side verses the bright side how you handle this?” Good question. This is a very easy answer for me. I stay away from negative people as much as possible and they are never invited into my circle of friends and close acquaintances. Now we know in life we are going to encounter these types of people. So I remove myself from them as quickly as possible. I try to never be rude, but at the same time I won't let them ruin my day. But there is times when you have no choice but to walk away, or you may start to have negative feelings toward them.

I have found that when a person prefers to be on the dark side of life and only see what is wrong with life, these people enjoy being miserable and they try very hard to drag everyone they can along with them. So I avoid people like that as much as possible. Life is much to short to waste it trying to get them to see the bright side of life, because until they choose to change there is nothing you can say or do to change there thinking. When you feel yourself starting to stress or feel negative, meditate, exercise, read, do any activity that causes you to feel happiness inside. I have learned that you must start with you and when you are pleased with who you are then life starts getting good. Love yourself then you can truly love others.

So for my retirement home I chose Ecuador. We have now completed 24 condos on my mountain overlooking Cotacachi and the sight at night is spectacular with the lights shining over the small Ecuadorian town. During the day there are breathtaking views of the mountains and volcanoes.

The name of our community is Jauha Pacha. We are in the final stages of installing the permanent utilities and the cobble stone roads and streets. So make time to come by and see our Real Estate Project in Cotacachi Ecuador. Meet some of the owners of the condos. These are nice friendly people that are like minded, the type of neighbors we all want.

So until next time, think happy thoughts and be positive. Watch how it works.

Lola young